



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY Breakfast/ Lunch Entrée Alternative choices:				
Cereal or Hard Boiled Egg w/ Toast or Cinnamon Roll ☺ Yogurt & Granola PB & J Sandwich 🐷 Ham & Cheese Sandwich Munchable Toasted Cheese Sandwich	Cereal or Hard Boiled Egg w/ Toast or Cinnamon Roll ☺ Yogurt & Granola PB & J Sandwich Yogurt w/ Blueberry Muffin 🐷 Ham Sandwich –or– Turkey Sandwich	Cereal or Hard Boiled Egg w/ Toast or Cinnamon Roll ☺ Yogurt & Granola PB & J Sandwich 🐷 Ham & Cheese Sandwich Munchable Toasted Cheese Sandwich	Cereal or Hard Boiled Egg w/ Toast or Cinnamon Roll ☺ Yogurt & Granola PB & J Sandwich Yogurt w/ Blueberry Muffin 🐷 Ham Sandwich –or– Turkey Sandwich	Cereal or Hard Boiled Egg w/ Toast or Cinnamon Roll ☺ Yogurt & Granola PB & J Sandwich 🐷 Ham & Cheese Sandwich Munchable Toasted Cheese Sandwich

Menus are subject to change.

All grain products are at least 51% Whole Grain and many are made from scratch on site. ☺



Water and a variety of milk are provided with each meal:

- * Fat Free White
- * 1% White
- * Fat Free Strawberry
- * Fat Free Chocolate



1 SEPTEMBER
Applesauce Oatmeal 100% Fruit Juice Box Mandarin Oranges
'Pig' in a Blanket ★ Crunchy Falafel Wrap Tri-color Coleslaw Baby Carrots

4 NO SCHOOL 	5 Pancakes w/Syrup 100% Fruit Juice Box Blueberries ★ Western Beef Enchiladas ★ Salsa Black Bean Burger Calabasitas Con Elote Sweet Peas	6 ★ Breakfast Cannoli ☺ 100% Fruit Juice Box Honeydew ★ Korean BBQ Chicken w/ Asian Style Rice Broccoli & Cheese Baked Potato Pepper Strips Baby Carrots	7 🐷 Ham & Cheese Bagel 100% Fruit Juice Box Strawberries 🐷 Hot Ham & Cheese Sandwich ★ Grilled Med Sandwich Baby Carrots Cucumber Coins	8 ★ Egg & Cheese Quiche 100% Fruit Juice Box Mandarin Oranges ★ Italian Stromboli ☺ ★ Veggie Stromboli ☺ Spinach Salad w/ Mandarin Oranges Celery Sticks
11 Sausage Biscuit 100% Fruit Juice Box Cantaloupe ★ Chicken Quesadillas ★ Cheese Quesadillas Fiesta Bean Salad Baby Carrots	12 Breakfast Pizza 100% Fruit Juice Box Blueberries Hamburger on Bun ★ Salsa Black Bean Burger Homestyle Potato Salad Celery Sticks	13 COLORADO PROUD Baked French Toast 100% Fruit Juice Box Honeydew ★ Lemon Chicken ★ Chickpea Spinach Salad Garlic Toast ☺ Broccoli Cucumber & Tomato Salad	14 ★ Breakfast Swirl 100% Fruit Juice Box Strawberries ★ Sloppy Joe on Bun Brown Rice & Beans Sweet Potato Puffs Tri-color Coleslaw	15 Applesauce Oatmeal 100% Fruit Juice Box Mandarin Oranges ★ Bean & Cheese Burrito ★ Ham Chef Salad 🐷 w/ Croutons Sweet Corn Cherry Tomatoes
18 Breakfast Pizza 100% Fruit Juice Box Cantaloupe ★ Hay Stacks ★ Fiesta Rice Wrap Spanish Beans Cucumber Coins	19 Pancakes w/Syrup 100% Fruit Juice Box Blueberries Spicy Chicken Mac Mac & Cheese Baby Carrots	20 ★ Breakfast Cannoli ☺ 100% Fruit Juice Box Honeydew ★ Meaty Lasagna ★ Veggie Lasagna Garlic Toast ☺ Green Beans	21 🐷 Ham & Cheese Bagel 100% Fruit Juice Box Strawberries ★ Orange Chicken w/ Brown Rice ★ Mexican Chopped Salad w/ Tortilla Strips Sweet Peas Baby Carrots	22 ★ Egg & Cheese Quiche 100% Fruit Juice Box Mandarin Oranges Southwest Chicken Fajitas ★ Southwest Veggie Fajitas Sweet Corn Celery Sticks
25 Sausage Biscuit 100% Fruit Juice Box Cantaloupe ★ Nachos Grande ★ Buffalo Chicken Salad w/Dinner Roll ☺ Fiesta Bean Salad Spicy Cucumbers	26 Breakfast Pizza 100% Fruit Juice Box Blueberries ★ Chicken Alfredo ★ Pasta Alfredo Garlic Toast ☺ Italian Green Beans Baby Carrots	27 Baked French Toast 100% Fruit Juice Box Honeydew ★ Pepperoni Pizza ☺ ★ Cheese Pizza ☺ Celery Sticks Garden Greens	28 ★ Breakfast Swirl 100% Fruit Juice Box Strawberries Santa Fe Tacos ★ Veggie Santa Fe Tacos Spanish Rice Baby Carrots Spicy Corn Salad	29 Applesauce Oatmeal 100% Fruit Juice Box Mandarin Oranges 'Pig' in a Blanket ★ Crunchy Falafel Wrap Tri-color Coleslaw Baby Carrots

Vegetarian Choices

★ Made from Scratch, on site!

SALAD BAR

This institution is an equal opportunity provider

An unlimited variety of fresh, canned, and frozen fruits and vegetables are offered daily. Local varieties used when available.